



# 16 Plants are Useful



Competencies  
C-1.1, C-2.4, C-12.1



## GEAR UP



Environmental awareness  
Critical thinking  
AIL

Tick (✓) the things we get from plants.

1. Milk

☐

2. Egg

☐

3. Wood

☒

4. Sugar

☒

5. Wool

☐

6. Rubber

☒

Plants are very useful to us. They give us many things.

We get our food from plants. We get cereals (foodgrains), vegetables and fruits from plants.



Vegetables



Cereals



Fruits

We get wood from plants. We make many things like furniture, doors and windows of our house from wood.

We get cotton from the cotton plant. Cotton fibre is used to make cloth.







Tea



Sugar

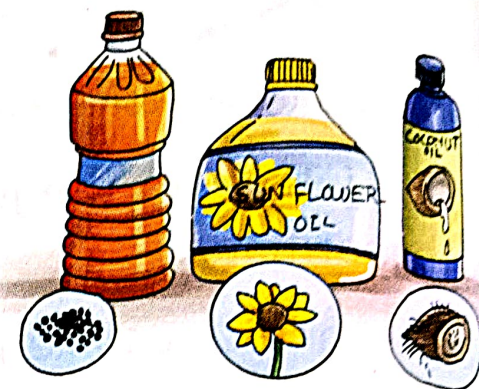


Spices



Perfume

Spices like pepper, clove, cumin and cardamom are obtained from plants. They make our food tasty. Plants give us tea, coffee and sugar. We get oil by crushing the seeds of some plants. Plants like mustard, coconut, groundnut and sunflower give us oil. Plants also make the air fresh and clean. Therefore, we should grow more plants.



Oil



### Remember

- ▶ Plants give us food, wood, fibres, medicines, perfumes, rubber, spices and oils.
- ▶ We should grow more plants.

## Test Yourself



### A. Tick (✓) the correct answer.

1. Wood of this tree is used for making cricket bats.  
 (a) willow tree ☐ (b) rubber tree ☒



2. We get this from jasmine and rose plants.  
(a) medicine ☐ (b) perfume ☒
3. The fibres of this plant are used to make ropes and mats.  
(a) jute plant ☒ (b) mustard plant ☐
4. We make furniture from  
(a) rubber ☐ (b) wood ☒
5. Leaves of this plant are useful in cold and cough.  
(a) tulsi ☒ (b) mustard ☐

**B. Answer these questions.**

1. What is jute used for?

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2. Name two spices.

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3. Where do we get rubber from?

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4. What is latex?

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5. Why should we grow more plants?

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### C. Solve the crossword puzzle.

Down

1. This is a cereal.
2. This flower is used for making perfume.
4. We eat the stem of this plant.

Across

3. This is a medicinal plant.
5. The juice of the stem of this plant is very sweet.
6. We get paper from this plant.



### D. Think and Answer

How would our food taste if we do not add spices to it?

#### Activity

A. Complete the names of the things that we get from plants.

